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Knock Knock Dream Journal



Synopsis

Cheaper (and less nosy) than a shrink, this handy-some bedside analyst offers an easy format for recording your dreams and interpreting their significance. Because sometimes a cigar is just a cigar—but not usually. Explore your subconscious without paying for actual therapy!! Great for overthinkers, intellectuals, and dreamers Paperback; 6.25 x 9 inches, 128 pages, ribbon page marker

Book Information

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Average Customer Review: 4.6 out of 5 stars— See all reviews— (27 customer reviews)

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Customer Reviews

I've always wanted to record my dreams, as I am a regular lucid dreamer. It has a simple yet fun template to fill out my dreams. I feel very accomplished when filling out every page. It also comes with a brief note on dreams and a how-to-use section. Not to mention, this book looks and feels amazing! I LOVE IT SO MUCH!!

It's a cute little journal. I love all the little extras it has. A place to draw, a couple questions, space for interpretation.. . What I don't like is there is NOT enough room to actually write about your dream. Unless it was a very short dream or you want to leave out 3/4 of the details. If you are a Clif notes kind of person you'll probably love this. If you're like me and you could write a book about your dream (or at least a chapter) don't bother. I suppose you could just use up more pages. But that seems kind of wasteful since you're unlikely to use the extra feature spaces more than the once. I'll be going back to a plain journal.

I bought this for a friend who kept talking about his dreams and wanting a way to keep track of them. The outside of it looks a little girly but I don't think he minded. The inside is really cool. It is basically 2 pages for each dream divided up into sections that allow you to describe the dream itself, the emotions you had, place to draw a picture, just very thorough! Great purchase!

Very cool journal - I love the area where you can draw in the dream as well. It's a really cool way to look back at your dreams and has some great pointers in the beginning for remembering them and also prompts you to look at certain aspects of your dreams in order to draw significance from them. All of the pointers are really interesting and things I wouldn't have originally thought of, so it's super helpful and well done. Love it!

To be honest I wasn't sure if I would use this, but I love the format and I find that I am using it more and more. I really think I've gotten some great insight into my dreams. Love the ability to sketch the dreams. There are some hysterical sketches that have happened.

This was a gift for my granddaughter who was constantly talking about all her dreams of her new "crush"..This seemed like the perfect solution.I loved it and so did she.She was 12 at the time.

I like it, it helps you remembering dreams. and it was cheaper than in Urban Outfitters.... get it if you like writing

I was hoping to give this as a gift for a 10 year old student, but it turns out that, on the page where you can rate the sketch you made of your dream, "crap" is one of the options. Otherwise, this would have been just what I was looking for.

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